

FTYPE NGHS Form 24 FREV Rev. 0 12/89

NHLBI GROWTH AND HEALTH STUDY

HOW I DEAL WITH THINGS

ID number of NGHS girl:	·····	RID	-	
Name code of NGHS girl:	······			
Visit number:			VISIT	
Date:	_ DO_	FORM -		
M	onth C	Day	Year	
Please PRINT your full name:				

We think this questionnaire will take about four minutes for you to complete including listening to or reviewing instructions and collecting information. If you have comments about this time estimate or any part of the questionnaires, including suggestions for reducing the time required, please send them to Reports Clearance Officer, PHS, 721-H Herbert H. Humphrey Building, 200 Independence Avenue S.W., Washington D.C. 20201; and to Office of Management and Budget, Paper Work Reduction Project (0925-0294), Washington DC 20503.



NHLBI GROWTH AND HEALTH STUDY HOW I DEAL WITH THINGS

0925-0294 exp. 9/92

NGHS Form 24 Rev. 0 12/89 4 Pages

ID			
NC			
VN			

We would like you to imagine how somebody your age was mean to y										
Here are some statements about he Please check the box which best do this way.	Here are some statements about how people your age handle things that trouble them. Please check the box which best describes how often you would handle a bad problem this way.									
	Never	Once in a while	Some- times	Often	Very often					
1. I would stand my ground and fight for what I wanted						ITEM1				
2. I would try to think about something good that might happen. I would try to look on the bright side of things						ITEM2				
3. I would let out my feelings so that I would feel better						ITEM3				
4. I would find somebody who would listen to me		_				ITEM4				
5. I would go along as if nothing were happening.						ITEM5				

		Never	Once in a while	Some- times	Often	Very often
6.	I would hope that a miracle would happen.					ITEM6
7.	I would think that I brought the problem on myself					ITEM7
8.	I would spend more time alone.					ITEM8
9.	I would think of what to do and do it					ITEM9
	-	Never	Once in a while	Some- times	Often	Very often -
10.	I would look at things in a different way and try to make the best of what I had	Never	in a		Often	
	different way and try to make	Never	in a		Often	often -
11.	different way and try to make the best of what I had	Never	in a		Often	often -

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Remember. We would like you to imagine how you would deal with a bad problem.

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		Never	Once in a while	Some- times	Often	Very often	
14.	I would wish that the problem would go away or somehow be over with.						ITEM14
15.	I would blame myself						ITEM15
16.	I would stay away from my family and friends.						ITEM16
		Never	Once in a while	Some- times	Often	Very often	
17.	I would face the problem head on	Never	in a		Often		ITEM17
	I would face the problem head on I would ask myself if it was really important, and discover that things weren't so bad after all	Never	in a		Often		ITEM17

	Never	Once in a while	Some- times	Often	Very often
20. I would talk to someone that I felt very close to					ITEM20
21. I wouldn't let it worry me: I would try not to think about it too much.					ITEM21
22. I would wish that the problem had never started					ITEM22
23. I would blame myself for what happened.					ITEM23
24. I would try not to be with people					ITEM24

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Thanks for taking the time to answer these questions!

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FTYPE NGHS Form 24 FREV Rev. 2 3/94



GROWTH AND HEALTH STUDY HOW I DEAL WITH THINGS

ID number of NGHS girl: .	· · · · · · · · <u> </u>	- RID			
Name code of NGHS girl:					
Visit number:			VISIT		
Date:		DO_FORM Day	Year		
Please PRINT your full na	me:				
First Name	Middle Initial	Last	: Name	-	



GROWTH AND HEALTH STUDY HOW! DEAL WITH THINGS

NGHS Form 24 Rev. 2 3/94 4 Pages

ID			
NC			
VN			

We would like you to imagine how you would feel if something happened to you. Suppose somebody your age was mean to you or threatened you, or something bad happened to you.

Here are some statements about how people your age handle things that trouble them. Please check the box which best describes how often you would handle a bad problem this way.

		Never	Once in a while	Some- times	Often	Very often	
1.	I would stand my ground and fight for what I wanted.						ITEM1
2.	I would try to think about something good that might happen. I would try to look on the bright side of things.						ITEM2
3.	I would let out my feelings so that I would feel better.						ITEM3
4.	I would find somebody who would listen to me.						ITEM4
5.	I would go along as if nothing were happening.						ITEM5

		Never	Once in a while	Some- times	Often	Very often	
6.	I would hope that a miracle would happen.						ITEM6
7.	I would think that I brought the problem on myself.						ITEM7
8.	I would spend more time alone.						ITEM8
9.	I would think of what to do and do it.						ITEM9
-		Never	Once in a while	Some- times	Often	Very often	
10.	I would look at things in a different way and try to make the best of what I had.					_	ITEM10
11.	I would let my feelings out somehow.						ITEM11
12.	I would talk to someone about how I was feeling.						ITEM12
13.	I would try to forget the whole thing.						ITEM13

	Remember. We would like you to imagine how	you would o	leal with a b	ad problem.			
		Never	Once in a while	Some- times	Often	Very often	
•	I would wish that the problem would go away or somehow be over with.						ITEM1
•	I would blame myself						ITEM1
•	I would stay away from my family and friends.						ITEM1
		Never	Once in a while	Some- times	Often	Very often	
	I would face the problem head on.						ITEM1
•	I would ask myself if it was really important, and discover that things weren't so bad after all.				_		ITEM18
	I would let my feelings out.				_		ITEM1

		Never	Once in a while	Some- times	Often	Very often	
20.	I would talk to someone that I felt very close to.						ITEM20
21.	I wouldn't let it worry me: I would try not to think about it too much.						ITEM21
22.	I would wish that the problem had never started.						ITEM22
23.	i would blame myself for what happened.						ITEM23
24.	I would try not to be with people.						ITEM24

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GROWTH AND HEALTH STUDY HOW I DEAL WITH THINGS

ID number of NGHS girl:
Name code of NGHS girl:
Visit number:
Date:
Please PRINT your full name:
First Name Middle Initial Last Name



GROWTH AND HEALTH STUDY --HOW I DEAL WITH THINGS

NGHS Form 24 Rev. 3 3/94 4 Pages

ID		*	
NC			
VN ,			

We would like you to imagine how you would feel if something happened to you. Suppose somebody your age was mean to you or threatened you, or something bad happened to you.

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1.	I would stand my ground and fight for what I wanted.					ITEM!
2.	I would try to think about something good that might happen. I would try to look on the bright side of things.					ITEM2
3.	I would let out my feelings so that I would feel better.					TTEM3
4.	I would find somebody who would listen to me.					ITEM4
5.	I would go along as if nothing were happening.					TTEM5

					**	••
		Never	Once in a while	Some- times	Often	Very often
6.	I would hope that a miracle would happen.					ITEM6
7.	I would think that I brought the problem on myself.					ITEM7
8.	I would spend more time alone.					TTEMS
9.	I would think of what to do and do it.					ITEM9
		Never	Once in a while	Some- times	Often	Very often
10.	I would look at things in a different way and try to make the best of what I had.					TTEMIO
11.	I would let my feelings out somehow.					ITEMI(
12.	I would talk to someone about how I was feeling.		·			TTEM12
13.	I would try to forget the					TTEM13

	Remember. We would like you to imagine how y	•				
		Never	Once in a while	Some- times	Often	Very often
14.	I would wish that the problem would go away or somehow be over with.					ITEM14
15.	I would blame myself.					ITEMI5
16.	I would stay away from my family and friends.					TTEM16
		Never	Once in a while	Some- times	Often	Very often
17.	I would face the problem head on.					ITEM 17
18.	I would ask myself if it was really important, and discover that things weren't so bad after all.					TTEM18
19.	I would let my feelings out.					TTEM 19

						• • •
		Never	Once in a while	Some- times	Often	Very often
20.	I would talk to someone that I felt very close to.					TTEM20
21.	I wouldn't let it worry me: I would try not to think about it too much.					[ITEM2
22.	I would wish that the problem had never started.					TTEM22
23.	I would blame myself for what happened.					TTEM23
24.	I would try not to be with people.					TTEM24

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